Volunteer Role description : Social groups

Purpose of the role: To support our service users from diverse backgrounds to access social and empowerment opportunities.

 Our social and activity groups are a core part of our services: They address social isolation, promote well-being through connection, and break down barriers.

What you will be doing:

- To support Sunrise staff as directed with delivering the session plans and activities. This could be a quiz, a craft or a physical activity such as yoga or cooking.
- Undertaking admin tasks e.g., photocopying and preparing resources.
- To welcome students and manage the signing in sheet.
- Making teas and coffees or offering refreshments.
- Helping to set up and clear away the room.

What skills/experience do I need?

 An approachable and friendly manner with a keenness to support people from diverse backgrounds and be part of the team.

When and where?

• This could be at the Sunrise Community Centre in Barnstaple or in locations off site across North Devon and Torridge.

What will you gain?

- Sunrise social groups are a wonderful way to meet new people, gain experience and transferable skills. Sunrise will make sure that you have a rewarding and fulfilling experience whilst volunteering with us.
- Sunrise social groups make a positive difference to people's lives your involvement will help to do this.
- You will be paid expenses for travel including car parking costs.

What support will I have?

- You will have a member of staff as a named contact who will support you and answer any queries you have.
- You will be given any equipment necessary to carry out your role.
- You will receive a full induction.

Your responsibilities as a volunteer:

- To familiarise yourself with the risk assessment for the activity.
- To follow Sunrise Diversity Safeguarding procedures to report any concerns to the lead Sunrise worker for the event and adhere to our lone working policy and procedures

If you have specific skills and experience that you think might be useful— please let us know when you apply. Want to find out more? please contact Ally Baldwin on 01271 328915 or admin@sunrisediversity.org.uk